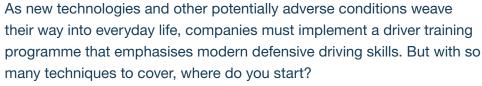


7 Fundamentals of Effective Defensive Driving





"PRO-DEFENCE" Checklist

DISTRACTIONS

Improvements in safety, comfort and technology lead a driver to believe they don't need to devote their entire focus on the road. Drivers must be aware of these distractions and the dangers they can present.



EFFECTIVE COMMUNICATION

Drivers must use their turn signal, lights, horn, speed and other cues to ensure the vehicles around them know what they intend to do before making any maneuver.



FATIGUE MANAGEMENT

Learning to understand and identify early symptoms of fatigue will help drivers know when to stop and take a break – before it affects their ability to drive safely.



EVALUATING SPACE

If drivers can maintain proper space around their vehicle at all times, they better protect themselves, their vehicle and can eliminate the likelihood of future collisions.







Navigating HAZARDS

The number of hazards on the road is growing quickly. Drivers need to be confident in identifying and appropriately reacting to them when they occur.





CONTROLLED SPEED

Speed management is more than just obeying the speed limit — drivers need to operate vehicles at a speed that allows them to handle any situation.





ESSENTIAL PLANNING

Anytime a driver gets behind the wheel, they need to have a plan. This proactive mindset will help eliminate many of the issues that arise throughout the trip.





Proactive Training is Key

Proper training throughout a driver's employment helps raise awareness of potential dangers, enabling them to anticipate and respond to risks more effectively.

DISCOVER how a stronger focus on driver training can help companies establish a fleet of confident, defensive drivers.

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